

**School Information:**

Breakfast Cost: \$1.00/day
Lunch Cost: \$2.45/day
Reduced Breakfast: \$0.30
Reduced Lunch: \$0.40



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

French toast sticks, **2**
fruit,
juice,
choice of milk

Tuesday

Egg wrap, **3**
fruit,
juice,
choice of milk

Wednesday

Breakfast pizza, **4**
fruit,
juice,
choice of milk

Thursday

Oatmeal cereal bar, **5**
fruit,
juice,
choice of milk

Friday

Cereal, **6**
Nutrigrain bar,
fruit, juice,
choice of milk

French toast sticks, **9**
fruit,
juice,
choice of milk

Egg wrap, **10**
fruit,
juice,
choice of milk

Breakfast pizza, **11**
fruit,
juice,
choice of milk

Oatmeal cereal bar, **12**
fruit,
juice,
choice of milk

Cereal, **13**
Nutrigrain bar,
fruit, juice,
choice of milk

French toast sticks, **16**
fruit,
juice,
choice of milk

Egg wrap, **17**
fruit,
juice,
choice of milk

Breakfast pizza, **18**
fruit,
juice,
choice of milk

Oatmeal cereal bar, **19**
fruit,
juice,
choice of milk

Cereal, **20**
Nutrigrain bar,
fruit, juice,
choice of milk

French toast sticks, **23**
fruit,
juice,
choice of milk

Egg wrap, **24**
fruit,
juice,
choice of milk

Breakfast pizza, **25**
fruit,
juice,
choice of milk

Oatmeal cereal bar, **26**
fruit,
juice,
choice of milk

Cereal, **27**
Nutrigrain bar,
fruit, juice,
choice of milk

French toast sticks, **30**
fruit,
juice,
choice of milk

Egg wrap, **31**
fruit,
juice,
choice of milk



This institution is an equal opportunity provider