



School Information:

Breakfast Cost: \$1.00/day
 Lunch Cost: \$2.45/day
 Reduced Breakfast: \$0.30
 Reduced Lunch: \$0.40



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Pancakes, **2**
 sausage, hash brown,
 veggie juice,
 oranges,
 choice of milk

Fiesta bake, **9**
 green beans,
 oranges,
 choice of milk

Breakfast sandwich, **16**
 hash brown,
 veggie juice,
 orange,
 choice of milk

Pancakes, **23**
 sausage, hash brown,
 veggie juice,
 oranges,
 choice of milk

Fiesta bake, **30**
 green beans,
 oranges,
 choice of milk

Tuesday

Turkey corn dog, **3**
 broccoli,
 pineapple,
 choice of milk

Burger on a bun, **10**
 baked beans,
 applesauce,
 choice of milk

Burrito, **17**
 green beans,
 grape slushie,
 grapes,
 choice of milk

Turkey corn dog, **24**
 broccoli,
 pineapple,
 choice of milk

Burger on a bun, **31**
 baked beans,
 applesauce,
 choice of milk

Wednesday

Grilled chicken sandwich, **4**
 salad,
 banana,
 choice of milk

Turkey/gravy, **11**
 mashed potatoes,
 dinner roll, peaches,
 choice of milk

Lasagna, **18**
 sweet potato,
 breadstick,
 apple slices,
 choice of milk

Grilled chicken sandwich, **25**
 salad,
 banana,
 choice of milk



Thursday

Walking taco, **5**
 lettuce, cheese,
 refried beans,
 grapes,
 choice of milk

Chicken tenders, **12**
 french fries,
 grapes,
 choice of milk

Taco salad, **19**
 refried beans,
 peaches,
 choice of milk

Walking taco, **26**
 lettuce, cheese,
 refried beans,
 grapes,
 choice of milk

Friday

Cheese pizza, **6**
 carrots,
 apple slices,
 choice of milk

Pizza mini bagel, **13**
 carrots,
 banana,
 choice of milk

Calzone pizza, **20**
 carrots,
 banana,
 choice of milk

Cheese pizza, **27**
 carrots,
 apple slices,
 choice of milk



This institution is an equal opportunity provider